



Pavilion Skating Club  
of Cleveland Heights

# 2017 Fall Program Information

15 Week Fall Session

Sept. 5 thru Dec. 17, 2017

## Highlights:

- **Club Sessions - Mon, Tue, Thurs, Fri, Sat, Sun**
- **City Ice Sessions – Mon, Tue, Wed, Thurs, Fri, Sat, (Consult city schedule)**
- **Off-Ice Clinic - Conditioning Class with Graziella Tasca**
- **Test Session – Oct 9<sup>th</sup> (Afternoon)**
- **Jr. Blades - Sun**
- **Flexible Contract With Discount Opportunities (Home Club and Associate Members)**
- **Walk-on Rates and Coupons Available**

## Off-Ice Clinics:

### ▶ *Off-ice Conditioning with Graziella Tasca*

**Thursday (1/2 hr)**

The aim of this clinic is to improve core strength, stability, and flexibility through exercises that can maximize the skater's performance. Skaters are asked to bring a yoga mat.

## Contracting and Skating:

**For contract pricing, all applications and payments are due by Sept 11, 2017.** After Sept 11, contracts will be accepted, but walk-on rates apply. **Priority for contracts and ice sessions:** 1) Home Club 2) Associate Members. (Up to capacity)

- ▶ Home Club Membership or Associate Membership required to contract, guest walk-on ice generally available.
- ▶ Contract discounts for exceeding 52 hours of ice time, approximately 4 hours per week during fall session.
- ▶ Current USFS membership, PSC liability waiver, and concussion forms required to skate on all sessions.
- ▶ Deposits due with each contract, check, Visa and Master Card accepted.
- ▶ If less than 12 skaters are contracted for a session; PSC reserves the right to cancel, change levels or disciplines.
- ▶ Hour and half-hour walk-on is available up to rink capacity, starts at top or bottom of the hour. (Sat – bottom only)
- ▶ Walk-on rate is \$15 per hour and \$8 per half-hour. Cash, check, Visa and MasterCard accepted.
- ▶ Guest skaters welcome, requires USFS membership, session level eligibility, and completion of PSC waiver forms.
- ▶ Guest coaches please contact the club in advance of visit, guest coaching form required.
- ▶ A \$25.00 fee will be charged for returned checks.
- ▶ See 2017 Fall Contract for details and requirements.

### **RETURN COMPLETED CONTRACT TO CLUB OFFICE OR MAIL TO:**

Pavilion Skating Club of Cleveland Heights  
1 Monticello Blvd.  
Cleveland Heights, OH 44118

## PSC Fall 2017 Ice Schedule

### MONDAY - North/South

1:45 - 2:45 pm City Free (Open)  
2:45 - 3:45 pm City Free (Open)  
4:00 - 5:00 pm Open FS  
5:00 - 6:00 pm Open FS

9/4	9/11	9/18	9/25	10/2	10/9	10/16	10/23	10/30	11/6	11/13	11/20	11/27	12/4	12/11
TBD	TBD	TBD	TBD	TBD	Test	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD
CF	CF	CF	CF	CF	Session	CF	CF	CF	CF	CF	CF	CF	CF	CF
PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC
PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC

### TUESDAY - North/South

1:45 - 2:45 pm City Free (Open)  
2:45 - 3:45 pm City Free (Open)  
4:00 - 5:00 pm Open FS  
5:00 - 6:00 pm Open FS

9/5	9/12	9/19	9/26	10/3	10/10	10/17	10/24	10/31	11/7	11/14	11/21	11/28	12/5	12/12
TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD
CF	CF	CF	CF	CF	CF	CF	CF	CF	CF	CF	CF	CF	CF	CF
PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC
PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC

### WEDNESDAY - North/South

2:30 - 3:30 pm City Free (Open)  
3:30 - 4:30 pm City Free (Open)

9/6	9/13	9/20	9/27	10/4	10/11	10/18	10/25	11/1	11/8	11/15	11/22	11/29	12/6	12/13
CF	CF	CF	CF	CF	CF	CF	CF	CF	CF	CF	TBD	CF	CF	CF
CF	CF	CF	CF	CF	CF	CF	CF	CF	CF	CF	TBD	CF	CF	CF

### THURSDAY - North

1:45 - 2:45 pm City Free (Open)  
2:45 - 3:45 pm City Free (Open)  
4:00 - 5:00 pm Open FS  
5:00 - 6:00 pm Open FS  
6:10 - 6:40 pm Off-Ice Conditioning - Graziella Tasca

9/7	9/14	9/21	9/28	10/5	10/12	10/19	10/26	11/2	11/9	11/16	11/23	11/30	12/7	12/14
TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD
CF	CF	CF	CF	CF	CF	CF	CF	CF	CF	CF	CF	CF	CF	CF
PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC
PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC
	Off-Ice	Off-Ice	Off-Ice	Off-Ice	Off-Ice	Off-Ice	Off-Ice	Off-Ice	Off-Ice	Off-Ice	Off-Ice	Off-Ice	Off-Ice	Off-Ice

### FRIDAY - North

1:30 - 2:30 pm City Free (Open)  
2:30 - 3:30 pm City Free (Open)  
3:45 - 4:45 pm Open FS  
4:45 - 5:45 pm Open FS

9/8	9/15	9/22	9/29	10/6	10/13	10/20	10/27	11/3	11/10	11/17	11/24	12/1	12/8	12/15
TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD
CF	CF	CF	CF	CF	CF	CF	CF	CF	CF	CF	TBD	CF	CF	CF
PSC	PSC	PSC	PSC	PSC	PSC	PSC	TBD	PSC	PSC	PSC	TBD	PSC	PSC	PSC
PSC	PSC	PSC	PSC	PSC	PSC	PSC	TBD	PSC	PSC	PSC	TBD	PSC	PSC	PSC

### SATURDAY - North

6:45 - 7:45 am City Free (Open)  
8:00 - 9:00 am Open FS  
9:00 - 10:00 am Open FS

9/9	9/16	9/23	9/30	10/7	10/14	10/21	10/28	11/4	11/11	11/18	11/25	12/2	12/9	12/16
CF	CF	CF	CF	CF	CF	CF	CF	CF	CF	CF	TBD	CF	CF	CF
PSC	PSC	PSC	PSC	PSC	PSC	PSC	TBD	PSC	PSC	PSC	TBD	PSC	PSC	PSC
PSC	PSC	PSC	PSC	PSC	PSC	PSC	TBD	PSC	PSC	PSC	TBD	PSC	PSC	PSC

### SUNDAY - North

10:15 - 11:15 am Open FS  
11:15 - 12:15 pm Open FS  
11:15 - 12:15 pm Jr Blades

9/10	9/17	9/24	10/1	10/8	10/15	10/22	10/29	11/5	11/12	11/19	11/26	12/3	12/10	12/17
PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	PSC	TBD	PSC	TBD	PSC
PSC	PSC	PSC	PSC	PSC	PSC	PSC	Competition	PSC	PSC	PSC	TBD	PSC	TBD	PSC
JR	JR	JR	JR	JR	JR	JR	JR	JR	JR	JR	JR	JR	JR	JR

**PSC** Designates PSC Club Ice

**CF** Designates City Free Ice, no contract available

**IT** Designates PSC Interim Ice, no contract available

**Jr.** Designates Jr. Blades session class.

**TBD** Designates times will be announced at a later date (monthly), check city website or PSC e-blast.

**Test** PSC Testing Session, no ice available, contact club for testing application.

**Note:** 1:45-2:45 Afternoon City Free maybe available, consult city website, Pavilion Skating Club e-blast or call rink desk at 216-691-7434. (Posted Monthly)

#### IMPORTANT DATES TO REMEMBER:

Sept 4 Labor Day - Rink Closed  
Sept 11 Last Day to Contract with Contract Rates  
Sept 8-9 Skate Cleveland - Winterhurst  
Oct 18-Oct 22 Easter Great Lakes Regional (Antioch, TN)  
Oct 9 Test Session (Columbus Day)  
Oct 10 2nd Contract Payment Due  
Oct 27-29 Buckeye Adult Open (PSC)

Oct 28-29

Nov 13

Nov 15-19

Nov 18-19

Nov 23

Dec - 10

Spooktacular (Basic Skills)

Final Contract Payment Due

Sectionals (Bloomington, MN)

Autumn Skills (Basic Skills)

Thanksgiving - Rink Closed

Hockey Tournament

#### ICE RATES:

		Contract	Coupon	Walk-on
PSC Club Ice	(1 hr)	\$12*	\$13	\$15
PSC Club Ice	(1/2 hr)	N/A	N/A	\$8
City Free Ice	(1 hr)	N/A	\$9**	\$10
PSC Interim Ice	(1 hr)	N/A	N/A	\$12
Off-Ice Classes	(1/2 hr)	\$6	N/A	\$6

\* Additional discounts may apply.

\*\* Based on City Punch Card Purchase.